

Powerful Energies of the Sands — Morocco

Return to the essentials and clarity of vision

8 days in the Sahara — 29 January to 5 February 2027

The spirit of the journey

The desert has always been a place of transformation. In the vast dunes of the Sahara Desert, silence and the simplicity of daily life invite you to slow down and see things differently. As you walk, spend nights under the stars, and meet nomadic peoples, this journey becomes an invitation to return to what truly matters.

In the desert, familiar reference points disappear. The horizon opens, and vision becomes clearer. Many people describe the Sahara as a place where important decisions naturally emerge.

Retreat theme

At the heart of the vastness of the Sahara Desert, this journey offers a rare experience: reconnecting with the silence and clarity that are often lost in the pace of modern life. In this landscape of absolute beauty, where time seems to stand still, each day becomes an invitation to slow down, observe, and let a clearer vision emerge.

Walking through the dunes, contemplating the infinite horizon, spending the night under one of the clearest skies on Earth, and sharing in the simplicity of nomadic life create a precious space for perspective and inspiration. In the desert, what truly matters naturally comes back into focus. Ideas become clearer, decisions gain a new perspective, and a renewed energy emerges.

More than a journey, this retreat is a rare experience where silence, nature, and presence become allies of a renewed vision. **Some important decisions are not made in an office, but in the silence of the desert.**

General information

8

Days — 29 Jan to 5 Feb 2027

1,688 \$

Per person — international flights not included

Ouarzazate

Departure and arrival city

Southern Morocco

Ouarzazate · M'hamid · Tidrite dunes · Draa Valley

9 to 16

Participants

Other departure dates

- Saturday 14 to Saturday 21 November 2026.

- Sunday 20 to Sunday 27 December 2026 — Christmas in the desert.
- Saturday 23 to Saturday 30 January 2027.
- Saturday 13 to Saturday 20 February 2027 — winter holidays.
- Saturday 20 to Saturday 27 March 2027 — spring equinox.
- Saturday 17 to Saturday 24 April 2027 — desert spring.

Highlights

- Silent walk in the dunes.
- Desert circle around the fire.
- Full moon ceremony in the desert around the fire.
- Sunrise over the dunes.

Day by day

DAY 1

The Threshold — Under the Milky Way

Ouarzazate

Your journey begins at the gates of southern Morocco. This first day is a transition: leaving behind the bustle to enter silence. In Ouarzazate, the ochre light surrounds you, inviting you to slow down. As night falls, the desert offers its first gift: a sky of absolute purity. Facing the vastness of the Milky Way, your perspective shifts. Everyday concerns fade in the face of infinite stars.

Theme — Contemplation as a remedy, marking the passage into sacred space.

DAY 2

Entering the Infinite

Ouarzazate → M'hamid → dunes of Tidrite

After leaving the city, the road opens onto mineral landscapes where familiar reference points disappear. In M'hamid, the last village before the ocean of sand, we begin our walk toward the dunes of Tidrite. On the first night at the camp, the silence of the Sahara Desert settles in. It is the moment when distractions vanish, giving way to a vibrant presence.

Theme — Letting go of the superfluous and entering the rarity of silence.

DAY 3

The Mirror of Silence

The Sahara

At the heart of the dunes, we walk. Without phones, without watches, aligned with the rhythm of our own breath. In this space without a defined horizon, the desert becomes a mirror. Silence is no longer emptiness, but a voice that helps clarify your inner truth.

Theme — Clarity and vision. A moment to truly listen to yourself, away from external noise.

DAY 4

The Inner Source

The Ancient Well

Our journey leads us to an ancient well surrounded by acacia trees, an oasis of life in the arid landscape. Here, water teaches a simple truth: all renewal depends on a source. This day is dedicated to your inner energy. How do you regenerate? How do you structure your strength so it becomes both fluid and powerful?

Theme — Reconnecting to your roots and harmonizing your vital energy.

DAY 5

The Intensity of Presence

The Crossing

The desert is a land of contrasts. On the back of a dromedary, you cross the dunes at a slow and profound pace, ideal for meditation in motion. The heat of the sun and the power of the landscape reconnect you to your determination and quiet strength. In the evening, around the fire, speech becomes freer. Exchanges become genuine, stripped of social masks.

Theme — Reconnection to vitality and authentic relationships.

DAY 6

Unity — Sacred Walk and Drumming

Draa Valley · Ksar Bounou

A day of full presence. We walk four to five hours across majestic dunes toward the village of Ksar Bounou. Each step grounds you into the Earth. Inner listening deepens: you feel the essence of life flowing within you. At the end of the day, collective shamanic practices and a drumming journey help release blockages and open the way to deep peace.

Theme — Unity, absolute presence, and healing through sound.

DAY 7

Integration — The Return

Ouarzazate

At sunrise, a final contemplative walk anchors the experience. Back in Ouarzazate, a traditional hammam ritual marks the transition: water cleanses the sand and prepares the body for return. In the evening, a final sharing circle, inspired by nomadic wisdom, allows you to integrate the insights gathered in the desert.

Theme — Alchemy of experience and shared wisdom.

DAY 8

A New Perspective

End of the journey, but the beginning of a new chapter. The desert continues to work long after the return. Decisions born in the silence of the Sahara Desert are those that endure. You return not as you came, but with a new clarity and a peaceful mind.

Theme — Returning to yourself, carrying the desert within you.

The programme remains flexible depending on weather conditions.

What is included

- Welcome and organization of the journey by the local team.
- Overland transfers between Ouarzazate, M'hamid, and the desert.
- Private minibus transportation during the stay.
- Accommodation in Ouarzazate (2 nights in a charming guesthouse).
- Desert bivouac (tents and nomadic camp).
- Full board during the desert expedition.
- Guidance by local guides and camel drivers.
- Camels for transporting equipment and during certain stages.
- Supervision and support throughout the retreat.
- Meditation, breathing practices, and time for reflection.
- Closing evening and traditional hammam in Ouarzazate.

What is not included

- International flights to Ouarzazate.
- Meals and services in Ouarzazate outside the program.
- Drinks and personal expenses.
- Travel insurance and repatriation assistance.
- Tips for the local team.

- Activities or excursions not included in the program.