

At the Edge of the World – New Zealand

15 days · South Island · With Christine Marsan

South Island — 19 December 2026 to 2 January 2027

The spirit of the journey

There are journeys that change a life. Not because the landscapes are beautiful — though those of New Zealand are among the most spectacular on Earth. Not because the programme is well-crafted — though it is. But because something within you, there, at the end of the world, settles, releases, and awakens. This journey is one of those.

For 15 days, you will cross the South Island of New Zealand — its ancient glaciers, its majestic fjords, its untouched primary forests, and its unreal blue lakes. These are territories of rare power, preserved from the modern world, where nature still speaks to those who know how to listen.

You will not be a tourist. You will be an initiatory traveller. Guided by Christine Marsan — social psychologist and specialist in human transformation — you will experience an outer and inner journey every day. Landscapes become mirrors. Ceremonies become doorways. Silences become answers.

In a world where leaders are constantly being called upon, taking a step back becomes essential. This retreat offers a unique space to reflect, recharge, and nourish your vision within one of the most powerful natural environments on the planet.

Christmas and New Year at the end of the world

On **25 December**, you will celebrate Christmas at the foot of the Mount Cook glaciers — under the sun of the Southern summer, far from the noise and consumerism, in a ceremony of gratitude and light.

On **31 December at midnight**, you will step into the New Year on the shores of Lake Te Anau, in Fiordland National Park — under the starry skies of the Southern Hemisphere, guided by a shamanic ceremony of passage and renewal.

These two moments make this journey far more than just an experience — they make it a turning point in your life.

General information

15

Days — 19 Dec 2026 to 2 Jan 2027

8,980 \$

Per person — international flights not included

Christchurch

Departure city

South Island

Tekapo · Mount Cook · Wanaka · Te Anau · Milford Sound

Small group

Limited to 15 participants

The journey to New Zealand is long; it is recommended to leave home on 17 December 2026. When purchasing your tickets, ensure your final destination is Christchurch.

Why this journey

A journey at the antipodes of ordinary tourism

15 days of total immersion in the wildest and best-preserved nature on the planet — fjords, glaciers, primary forests, and glacial lakes.

Christine Marsan

35 years of experience in guiding human transformation.

An intimate human group

Bonds that last. An experience like no other.

A comprehensive transformation programme

8 workshops, 5 shamanic ceremonies, 3 silent walks, kayaking, a Milford Sound cruise, and glowworm caves. Every day is designed to go deeper within yourself.

The most powerful place on the planet

Milford Sound — a UNESCO World Heritage site. 160-metre-high fjords, waterfalls, dolphins, and absolute silence.

Day by day

19 DECEMBER

Arrival · Christchurch

Paris → Auckland → Christchurch

Arrival in Christchurch after a 26-hour journey. Transfer to the lodge. Total rest — no activities. Light group dinner. First informal meeting.

Theme — Arriving, setting down your luggage.

20 DECEMBER

Christchurch · Recovery & Grounding

A gentle day to recover from jet lag. Visit the Christchurch Botanic Gardens — one of the most beautiful in the Southern Hemisphere. Mindful walk along the Avon River. Christine's workshop: first circle — Who am I, and what have I come here to find?

Practices — Opening circle · Mindful walking · Yoga.

Theme — Settling into the inner journey.

21 DECEMBER

Route to Lake Tekapo

Christchurch → Lake Tekapo · 225 km · 2h30

Drive across the Canterbury Plains. First contact with the lunar landscapes of the interior. Installation at the lodge facing the turquoise lake. Meditation by the water at sunset. Official opening ceremony of the journey under the starry sky.

Practices — Meditation · Opening ceremony.

Theme — Entering the journey.

22 DECEMBER

Lake Tekapo · Earth Energy

Sunrise facing the lake. A contemplative day — mindful walk around the lake, soak in natural thermal springs. Christine's workshop: identifying what you carry and what you have come to release. Evening ritual under the stars — one of the clearest skies in the world.

Practices — Yoga · Mindful walking · Transformation workshop · Star ritual.

Theme — Connecting to the earth and to oneself.

23 DECEMBER

Mount Cook · The Power of What Lasts

Lake Tekapo → Mount Cook · 105 km · 1h30

Route to Mount Cook. Ancient glaciers, dizzying cliffs, absolute silence. Meditative walk in the Hooker Valley facing the glaciers. Christine's workshop: what in you is as solid as this mountain? What needs to melt? Grounding ritual at the foot of the glacier. Installation at the Mount Cook lodge.

Practices — Meditative walk · Mountain ritual · Journaling.

Theme — Discerning what is permanent from what must transform.

24 DECEMBER

Mount Cook · Silence & Vision

A full day in Aoraki/Mount Cook National Park. Silent walk — 3 hours without speaking in the wilderness. Chimegmaa's workshop: Mongolian nomadic teachings — living in harmony with natural cycles. Shamanic fire ceremony in the evening.

Practices — Silent walk · Nomadic teachings · Fire ceremony.

Theme — Listening to what nature says when we are truly silent.

25 DECEMBER · CHRISTMAS

Route to Wanaka

Mount Cook → Wanaka · 190 km · 2h30

Scenic drive via the Cromwell Valley — spectacular gorges, glacial lakes, vineyards. Installation in a secluded lodge on the shores of Lake Wanaka, surrounded by snow-capped mountains. Sunset meditation. Free evening.

Theme — Transition and letting go.

26 DECEMBER

Wanaka · Reconnecting to the Living

Sunrise kayaking on Lake Wanaka. Christine's workshop: Transform'Actor — becoming the actor of your own transformation. Free afternoon in nature. Evening sharing circle around the fire — mid-journey, everyone shares what has already transformed within them.

Practices — Kayaking · Transform'Actor workshop · Mid-journey circle.

Theme — Being fully present to what is transforming.

27 DECEMBER

Primary Forest · Mount Aspiring

Full day in Mount Aspiring National Park. Primary forests, waterfalls, crystal-clear lakes. Shamanic vision ritual by the water — Chimegmaa guides a ceremony of connection to nature spirits. Return to Wanaka in the evening.

Practices — Nature immersion · Shamanic vision ritual.

Theme — Seeing clearly what you truly want to create.

28 DECEMBER

Wanaka · Integration & Freedom

Entirely free day — everyone chooses their own pace. Hiking, reading, personal meditation, swimming, exploration. Optional workshop with Chimegmaa in the late afternoon: energy nuggets — how to maintain your transformation in daily life. Group dinner in the evening.

Theme — Integrating at your own pace.

29 DECEMBER

Route to Te Anau · Fiordland

Wanaka → Te Anau · 200 km · 2h30

Drive to Te Anau through the Southland plains. Entry into Fiordland National Park — a UNESCO World Heritage site. Installation on the shores of Lake Te Anau. Walk in the temperate primary forest. Sunset meditation.

Theme — Entering the unknown with confidence.

30 DECEMBER

Te Anau · Deep Fiordland

Exploration of Fiordland Park — virgin forests, underground lakes, hidden waterfalls. Te Anau Caves and their glowworms — bioluminescence in total darkness. Christine's workshop: deep transitions — how to navigate difficult passages without losing oneself. Shamanic liberation ceremony in the evening.

Practices — Exploration · Transitions workshop · Liberation ceremony.

Theme — Crossing the darkness to find your light.

31 DECEMBER · NEW YEAR'S EVE

Milford Sound · The Most Powerful Place

Te Anau → Milford Sound · 120 km · 1h30

The highlight of the journey. Majestic fjords, 160-metre waterfalls, dolphins, seals, absolute silence. Cruise through the fjords. Liberation ritual facing the ocean — each person entrusts to the water what they wish to leave behind. Christine's workshop: Humanity 3.0 — what new version of yourself is emerging for the New Year? Return to Te Anau in the evening to celebrate the New Year.

Practices — Cruise · Water liberation ritual · Humanity 3.0 workshop.

Theme — Letting go in the face of immensity — being born to oneself.

1 JANUARY

New Year

Te Anau → Wanaka → Queenstown

Final morning in nature. Closing circle — everyone shares what they are taking from this journey and what they commit to embodying upon their return. Collective gratitude ritual — Chimegmaa guides a Mongolian ceremony of thanks to the spirits of the places visited. Drive to Queenstown. Final group dinner.

Practices — Closing circle · Mongolian gratitude ritual.

Theme — Integration and commitment to a new life.

2 JANUARY

Return

Queenstown → Auckland → Paris

Early start. Final silent walk. Flight Queenstown → Auckland. Connection Auckland → Paris. Returning transformed. Services end upon arrival in Auckland.

What you will experience

- 8 transformation workshops with Christine Marsan.
- 5 shamanic ceremonies — Opening, Fire, Vision, Liberation, Gratitude.
- 3 silent walks in the wild.
- Ceremony under the starry sky of Tekapo.
- Sunrise kayaking on Lake Wanaka.
- Te Anau Glowworm Caves.
- New Year's cruise in the fjords of Milford Sound.
- 1 full free day for personal integration.

What is included

- Guidance by Christine Marsan and the travel organization by Terres Initiatives.
- Mindful walking practices, meditation, and sharing circles.
- Shamanic consultations and rituals offered throughout the journey.
- Accommodation for the duration of the stay — retreat centres, nature lodges, or cosy guesthouses; not necessarily luxury, but warm and inviting locations.
- Transfers and local transportation during the programme.
- Activities scheduled in the programme: hikes, ceremonies, visits to natural sites, stargazing in Tekapo, exploration of the Fiordland fjords.
- Supervision and group support throughout the entire journey.
- Reflection periods, workshops, and sharing spaces specifically for leaders.

What is not included

- International flights to New Zealand.
- Travel insurance (cancellation, assistance, repatriation).
- Personal expenses.
- Meals not mentioned in the programme.
- Drinks and extras at the accommodations.
- Any potential additional individual consultations and tips.

- Any activity not included in the programme.