

North Vietnam: A Journey of Spiritual Awakening

An immersion into the mountains of Northern Vietnam: a journey of wild nature, deep human connections, and simple rituals — finding the path back to your true self.

Northern Vietnam — 26 December 2026 to 4 January 2027

The spirit of the journey

Northern Vietnam is a land of mountains, silence, and memory. Entering this territory is like stepping into a rite of passage: a world where nature is not a backdrop, but a living presence; where the highland peoples still live in harmony with the elements, and where one more easily finds their true place between heaven, earth, and the living world.

Between raw beauty and the subtle elegance of life, my journey through Northern Vietnam was a space of presence, grounding, and a crescendo of quantum leaps. This journey was designed as an initiatory crossing: a way to shed the excess of modern life, to walk toward the essential, and to be transformed by encounters with the mountains, the indigenous peoples, and the forces of life itself.

"I traveled to Vietnam this past December, in 2025, and discovered one of the most profoundly moving countries I have ever had the privilege to cross. It is a land that has remarkably preserved its identity amidst economic growth and progress. It feels as though the people of Northern Vietnam have remained fiercely loyal to their original values — as if bound by a sacred oath to Father Sky.

The nature there remains untouched, and one can sense a deep inner peace anchored in the eyes of the inhabitants. For them, the mountains have always been a sanctuary for refuge and renewal. Within such a powerful vibration of the heart, it is impossible not to find oneself replenished."

General information

10

Days / 9 nights — 26 Dec 2026 to 4 Jan 2027

2,890 \$

Per person

Hanoi

Departure city

Ba Be · Hoàng Su Phì · Sa Pa

The three mountain regions crossed

Shared rooms

Double or twin, throughout the journey

Why this journey

1. Immersion in the Inhabited Mountains of Northern Vietnam

Powerful, wild, and deeply alive territories where the earth, water, forests, and jagged peaks carry an energy that is felt in the body as much as in the soul.

2. Encounters with Peoples Connected to the Forces of Life

Visit Northern ethnic villages where ancient ways of being still thrive — living in harmony with nature, the cycles of the seasons, silence, and the memory of the ancestors.

3. A Journey as a Rite of Passage

More than a vacation, this is an initiatory crossing. It is an invitation to slow down, shed the unnecessary, return to the essential, and allow the power of these sacred sites to move you from within.

4. An Experience of Authenticity, Elegance, and Depth

Every stop is carefully chosen to preserve the beauty of the journey, the quality of rest, and the coherence of an experience that is at once simple, rare, and profoundly rejuvenating.

5. Nature as an Active Presence

Lakes, mist, forests, terraced fields, mountains, fire, and crisp air: here, nature is not a backdrop but an active force, capable of soothing, opening, realigning, and regenerating.

6. Meeting with a Tribal Village Leader

An encounter with a local community leader offers a simple and authentic look at a different way of inhabiting the mountains — one that transmits living values and remains deeply rooted in the land.

7. A Progressive Energetic Elevation

The journey follows a dynamic of gentle yet profound transformation: arrival, stripping away the old, immersion, encounter, elevation, and finally, integration into a vast and inner space.

8. An Invitation to Find Your True Frequency

Through the rhythm of the journey, the power of the landscapes, and the quality of the encounters, each traveller is invited to reclaim a fuller presence, a deeper grounding, and a more balanced energy.

Programme

DAY 01

Arrival in Hanoi: Crossing the Threshold

Arrival in Hanoi and check-in at a charming boutique hotel, perfect for resting after your long-haul flight. This first day is designed as a period of transition: letting go of your usual pace, catching your breath, and gently entering a different quality of presence. Depending on your arrival time, an initial walk or a welcome dinner allows you to settle in and open the journey in a calm, simple atmosphere.

Overnight in Hanoi

DAY 02

Hanoi: First Steps, First Grounding

This day allows you to fully acclimate and internally align with the spirit of the journey. Enjoy free time, a gentle stroll to discover the atmosphere of Hanoi, followed by the official opening moment of the trip: setting an intention, taking the time to "land", and beginning to leave daily life behind. It is a day of passage between the world you left and the path that is opening before you.

Overnight in Hanoi

DAY 03

Hanoi → Ba Be: From Hustle to Nature

Departure for Ba Be, a territory of lakes, forests, and traditional villages. As we travel, the landscape opens up, densities shift, and the air transforms. Arrival in Ba Be marks the first true pivot of the journey: here, nature takes centre stage, movements slow down, and the experience begins to take root. Installation in simple and warm accommodations, as close as possible to the pulse of life.

Overnight in Ba Be

DAY 04

Ba Be: Lake, Forest, and Breath

A day of immersion in the world of Ba Be. Boat trip on the lake, gentle hiking through peaceful landscapes, discovery of local life, and moments of silence. This stage is an invitation to regain a sense of space, fluidity, and inner breath. The rhythm of Ba Be allows you to enter the journey differently: less through the mind, and more through the body, the eyes, and the ears.

Overnight in Ba Be

DAY 05

Ba Be → Hoàng Su Phì: Toward the Deep Mountains

Departure for Hoàng Su Phì, one of the most powerful stages of the journey. The territory changes dimension: the reliefs become more prominent, the valleys deeper, and the feeling of entering an ancient, inhabited world intensifies. This day of travel prepares you for a denser, more vertical, and more internal immersion. Upon arrival, check-in at a mountain lodge in a powerful and open environment.

Overnight in Hoàng Su Phì

DAY 06

Hoàng Su Phì: The Heart of the Journey — Mountains, Simplicity, and Life Forces

Your first full day in the mountains of Hoàng Su Phì. Gentle to moderate hiking to discover terraced landscapes and mountain paths, crossing villages, and meeting locals. Here, the relationship between humanity, the earth, and the long cycles of time is felt with particular intensity.

A special encounter will take place with a village leader — a figure of natural authority born from their connection to the land, the community, and the memory of the ancestors. Through this rooted dialogue, we will explore another form of leadership: one of presence, responsibility, and alignment, where guiding means first knowing how to listen to the earth, the cycles, and the living order to which we belong. This day invites you to walk differently: with more attention, presence, and availability to what is being felt.

Overnight in Hoàng Su Phì

DAY 07

Hoàng Su Phì: Encounters, Transmission, Interiority

A second day in this region to deepen the immersion. Time spent with locals, discovering traditional crafts, and sharing stories about their way of life and the memory of the land. This is a day focused on human connection, allowing you to feel the depth of these mountain worlds beyond the scenery. In the evening, the calm, the fire, or simply the falling night on the heights gives the stay a unique density.

Overnight in Hoàng Su Phì

DAY 08

Hoàng Su Phì → Sa Pa Region / Topas: Beauty, Altitude, and Space

Drive toward the Sa Pa region and installation in an exceptional location in the heart of the mountains. This stage offers another way to experience Northern Vietnam: more expansive, more contemplative, with a sense of height and grandeur. The comfort of the site also allows for a time of release, integration, and breathing after the days of travel. This is the "signature" part of the journey — rare, panoramic, and memorable.

Overnight in the Sa Pa / Topas region

DAY 09

Sa Pa Region / Topas: Integration, Perspective, and Reflection

A free and contemplative day. Gentle walking, rest, mountain contemplation, and personal space. This day is designed for "digesting" the journey: what has been seen, lived, and felt begins to find its internal order. It is often at this moment that things take on a new meaning — not in the intensity of discovery, but in the clarity that appears in its wake.

Overnight in the Sa Pa / Topas region

DAY 10

Return to Hanoi: Closing the Journey

Return to Hanoi. This final day accompanies the conclusion of the trip with gentleness. It allows for a soft closing of the experience, a time to reflect, and the opportunity to depart with something clearer, more stable, and more alive within yourself.

End of programme or final night depending on your flight schedule

What is included

- Shared accommodation (double or twin room) for the entire duration of the journey.
- Daily breakfasts.
- Private ground transfers as specified in the programme.
- On-site guidance and facilitation throughout the journey.
- Visits, hikes, and activities mentioned in the itinerary.
- Local encounters and cultural exchanges planned during the trip.
- Boat excursion on Ba Be Lake.
- Taxes and service charges related to the included services.
- Daily gentle yoga sessions.
- Guided moments of centering, sharing, and integration throughout the journey.

What is not included

- International round-trip flights to Vietnam.
- Travel insurance (cancellation, assistance, and repatriation).
- Lunches and dinners not specifically mentioned as included.
- Drinks and personal expenses.
- Gratuities (tips) for drivers, guides, and local teams.
- Optional wellness treatments, massages, or additional services.
- Activities not mentioned in the programme.

- Fees related to administrative formalities (such as visas).
- Single room supplement, upon request and availability.
- Anything not specifically mentioned in the "What is included" section.