

Sacred India for Women

Beauty, Introspection, Harmonic Chanting — an immersive journey guided by Catherine Darbord, harmonic singing specialist

19 October 2026 to 29 October 2026 — 11 days / 10 nights

The spirit of the journey

From Rajasthan to the Ganges: Palaces, Living Traditions, and Spiritual Retreat.

An initiatory journey for lovers of culture, beauty, and spirituality, between the majesty of Mughal and Rajasthani cities and the sacred calm of Rishikesh, at the gateway to the Himalayas.

The journey opens in the intensity of North India — Delhi, Agra and Jaipur — where Mughal history, colonial heritage and everyday life are woven together. It closes on the banks of the Ganges, in Rishikesh, in a wellness retreat of yoga, meditation, sharing circles and harmonic chanting, guided by Catherine Darbord.

Wellness Retreat: Self-Care and Beauty

The second half of the journey is given over to the retreat itself: guided yoga and meditation morning and evening by the Ganges, free time for Ayurvedic massage, walking, reading or simply refocusing, and Catherine's proposals — sharing circles, sound yoga, harmonic chanting and mantras.

General information

11

Days / 10 nights — 19 to 29 Oct 2026

3,200 \$

Per person — international flights not included

Delhi

Departure city

North India

Delhi · Agra · Jaipur · Dehradun · Rishikesh

Catherine Darbord

Harmonic singing specialist

A visa for India is required and is not included in the price.

Highlights

- Sunrise over the Taj Mahal, a Wonder of the World.
- Homestay immersion in Jaipur: cuisine, craftsmanship, and local life.
- Spiritual retreat in Rishikesh, the capital of yoga.
- Participation in traditional Hindu rituals.

- Indian cooking workshop with a local family.
- Gala dinner featuring a Rajasthani dance and music performance.

Day by day

19 OCTOBER

Welcome to North India · Arrival in Delhi

Arrival at Delhi International Airport. Greeting and transfer to your hotel. Check-in and free time to rest after your journey. Introduction to Delhi: India's capital intensely blends Mughal history, colonial heritage, and modern life. Divided between Old and New Delhi, the city reveals a fascinating contrast between tradition and modernity. The day begins with a panoramic tour of New Delhi: India Gate and Rashtrapati Bhavan, the presidential residence. In the afternoon, sightseeing begins with the majestic Jama Masjid mosque, followed by a rickshaw ride through the bustling alleys of Chandni Chowk. Then, a stop at Raj Ghat, Gandhi's memorial. The afternoon continues at Gurudwara Bangla Sahib, a Sikh temple famous for its community kitchen, followed by a visit to the Qutub Minar and the Lotus Temple, a symbol of peace.

Evening — Free evening and overnight stay at the hotel in Delhi.

20 OCTOBER

In the Footsteps of Emperors · Delhi – Agra

Delhi → Agra · approx. 4h drive

Agra, the former capital of the Mughal Empire, is world-famous for the Taj Mahal, an eternal symbol of love. The city also houses other architectural gems such as the Red Fort and magnificent gardens lining the Yamuna River, witnesses to its rich Mughal past. After breakfast, departure by private vehicle to Agra. Upon arrival, check-in at the hotel. In the afternoon, visit the Red Fort, an impressive red sandstone fortress classified as a UNESCO World Heritage site. In the evening, a Bollywood-style musical show retracing the history of the Taj Mahal.

Evening — Dinner and overnight stay in Agra.

21 OCTOBER

Sunrise at the Taj Mahal & Route to Jaipur

Agra → Jaipur · approx. 5h

Early morning departure to admire the Taj Mahal at sunrise, an unforgettable moment facing this white marble jewel. Return to the hotel for breakfast, then drive to Jaipur, nicknamed the Pink City, the colorful capital of Rajasthan. Check-in at Santosh Villa, a warm family guesthouse. In the evening, an Indian cooking workshop followed by a friendly dinner shared with your hosts.

Evening — Overnight stay in Jaipur.

22 OCTOBER

Jaipur: Between Royal Arts and Living Traditions · Treasures of the Pink City

A day dedicated to discovering the wonders of Jaipur, an emblematic city of Rajasthan. Essential visits: the Palace of the Winds (Hawa Mahal), Amber Fort, an ancient perched citadel, the Jantar Mantar observatory, and the City Palace. In the afternoon, an introduction to the traditional art of block printing, a typical Rajasthani textile technique. In the evening, a gala dinner featuring a Rajasthani dance and music performance.

Evening — Overnight stay in Jaipur.

23 OCTOBER

Jaipur Differently · Morning Stroll & Local Life

Early morning guided walk through the old quarters of Jaipur to discover the daily life of the inhabitants. Participation in the morning ceremony at the Govind Dev Ji temple, a visit to the vegetable market, and then a traditional breakfast at a local restaurant. The rest of the day is free for strolling, shopping, or relaxing. Temporary henna tattoo session.

Evening — Free evening and overnight stay in Jaipur.

24 OCTOBER

Flight to the Sacred · Jaipur – Dehradun – Rishikesh

Jaipur → Dehradun by air, then road to Rishikesh

Early morning transfer to the airport for your flight to Dehradun, at the foothills of the Himalayas. Upon arrival, drive to Rishikesh, a major spiritual center on the banks of the Ganges, world-renowned for yoga and meditation. Check-in at your hotel. At the end of the day, a walk along the river and participation in the Ganga Aarti ceremony, a vibrant moment of fervor and light.

Evening — Overnight stay in Rishikesh.

25 OCTOBER

Rishikesh: Well-being and Spirituality

A day focused on well-being and reconnecting with oneself. In the morning and late afternoon, participate in guided yoga and meditation sessions in a serene setting by the Ganges. Proposals from Catherine, such as: sharing circles, sound yoga, harmonic chanting, mantras...

Evening — Overnight stay in Rishikesh.

26 OCTOBER

Inner Retreat and Sacred Silence

Continuation of your inner retreat with yoga and meditation sessions morning and evening. Proposals from Catherine, such as: sharing circles, sound yoga, harmonic chanting, mantras...

Evening — Overnight stay in Rishikesh.

27 OCTOBER

Well-being Day by the Ganges

A new day dedicated to resting the body and mind. Yoga and meditation practice in the morning and at the end of the day. Free time to enjoy an Ayurvedic massage, go for a walk, read, or simply refocus. Proposals from Catherine, such as: sharing circles, sound yoga, harmonic chanting, mantras...

Evening — Overnight stay in Rishikesh.

28 OCTOBER

Rishikesh in Complete Serenity

Final day in Rishikesh, in a spirit of peace and integration. Gentle yoga and meditation sessions. Free time to savor the serenity of the surroundings or complete your personal retreat. Proposals from Catherine, such as: sharing circles, sound yoga, harmonic chanting, mantras...

Evening — Overnight stay in Rishikesh.

29 OCTOBER

Return · Rishikesh – Haridwar – Delhi – Departure

Morning transfer to Dehradun station, then train to Delhi. Upon arrival, transfer to the airport for your international flight.

End of our services.

What is included

- Greeting upon arrival at Delhi airport.
- Accommodation as per the mentioned list.
- Breakfasts, Lunches, and Dinners (in Delhi, Agra, and Jaipur).
- Breakfasts and Dinners (in Rishikesh).
- Kalakriti musical show on the history of the Taj Mahal.
- Private session with a professional astrologer in Jaipur.
- A French-speaking guide throughout the trip.
- 2 bottles of water per person per day during vehicle transfers.

- Rickshaw ride in Old Delhi.
- All transfers and sightseeing in air-conditioned vehicles as per the program.
- Domestic flight with 15 kg of luggage: Jaipur – Haridwar.
- Train from Haridwar to Delhi.
- Entrance fees for monuments mentioned in the program and wellness sessions in Rishikesh.
- All applicable taxes and duties.
- A welcome dinner in Jaipur with an Indian family.
- Invitation into a Hindu family to observe customs, traditions, etc., at Santosh Villa.
- A henna session at Santosh Villa.
- An Indian cooking class.

What is not included

- International airfare.
- Travel insurance.
- Visa for India.
- Any expenses arising from circumstances beyond our control, such as natural disasters, accidents, medical evacuation, travel cancellation, delays, or schedule changes, etc.
- Personal expenses, for example: food/drinks not included in the price, tips, shopping, entrance fees as well as fees for filming or photography in certain monuments, or any other fees not included in the "Price includes" section.

During free time, the local agency offers optional activities such as a day with elephants or a heritage bike tour of Jaipur. These activities are not included in the trip price and can be booked on-site according to your preferences.