

Initiation to the Energy of Beauty: The Italian Lakes

"A Meeting with the Beautiful Moon: A Sacred Immersion in the Heart of Italy."

Italian Lakes — 17 to 21 June 2027

The spirit of the journey

Let the full moon guide your steps and magnify your intuition. This journey is an enchanted sanctuary, designed to intensify your creative energy and celebrate the Sacred Feminine. Amidst ancestral rituals and breathtaking landscapes, we will gather for an exclusive lunar ceremony — a moment of absolute grace dedicated to the splendour of the silver star.

General information

5

Days — 17 to 21 June 2027

1,890 \$

Per person

Milan

Departure city

Ledro, Italy

Accommodation — 4 nights

Full Moon

On the third day of every departure

Why this journey

Cosmic Alignment

The journey is more than a simple tour; it is a countdown. Everything converges toward the night of the third day. This precise alignment between the itinerary and the lunar cycle creates a powerful narrative tension and a rare emotional fulfilment for our travellers.

Awakening Feminine Creativity

More than a vacation, this is an inspiring retreat. The programme is specifically designed to unlock personal expression — writing, photography, meditation — within the very landscapes that inspired the greatest artists and muses of the Renaissance.

The "Bella Luna" Ceremony

An exclusive and highly aesthetic ritual — a signature moment of the journey.

The Power of Ritual and the Sacred

In an ultra-connected world, this journey offers a digital detox to facilitate a deep reconnection with nature and ancestral cycles. The symbolism of the full moon — renewal, fullness and intuition — answers a profound modern quest for meaning sought by discerning travellers.

The four signature experiences

ONE

The Night of Vision – Full Moon Ceremony

The Italian Lakes

Under the silver light of the full moon, participants experience a profound moment of meditation in the water and contemplation along the lakeshore. The evening includes:

- Guided meditation
- Vision writing
- Moon invocation

In this peaceful setting, guests are invited to gain perspective on their personal journey and clarify their intentions for the months ahead.

TWO

Nature Vision Walk

Lakeside hills and trails

This contemplative walk allows you to step away from your usual pace and enter a space of deep reflection. Surrounded by the natural beauty of the Italian landscape, the walk serves as a moving meditation to ground your energy and open your heart to new insights.

THREE

The Feast of Goddesses – Soul Talk & Circle Alchemy

Set within the intimacy of an ancestral villa or beneath the starlit sky, this dinner transforms into a Sacred Council. Far from social roles and expectations, we make space for deep authenticity.

Themes of awakening

- The necessary surrenders for metamorphosis: what we must let go of to transform.
- Embodying your Sovereign Vision in the modern world.
- The radiance of the Sacred Feminine in service to all living things.

This moment of sharing nourishes both body and spirit, creating a Symphony of Sisterhood where every shared experience becomes a teaching for the group. A space of pure intuitive intelligence.

FOUR

Inspiration through Beauty & Earth Memories

Italy is a sanctuary where art and nature unite to elevate the spirit. Our visit to a Place of Power — an esoteric garden, a historic villa or sacred ruins — becomes a ritual immersion to:

- Reawaken the creative spark and wild intuition.
- Experience how outer beauty heals and harmonizes our inner landscape.
- Connect to the invisible through the harmony of forms and elements.

This is a vibrational experience that feeds the imagination, allowing every woman to once again become the inspired architect of her own destiny.

Programme

DAY 01

Awakening of the Senses & Grounding Circle

Arrival and Opening of the Circle of Guardians

Welcome by the water's edge, where the sky embraces the lake. The afternoon is an immersion into Italian sweetness: a contemplative walk to harmonize your energies with the spirit of the land. In the evening, we form our first Sisterhood Circle to set the intentions for this journey and weave the invisible bond that will unite us.

Practices — Smoke cleansing ritual with local herbs, Mother Earth grounding meditation, opening of the sacred space.

Theme — Settling in, slowing down, and opening the space of possibilities.

DAY 02

Inner Alchemy & Clarity of Vision

The Path of Intuition

The day begins with breathwork facing the lake, a dialogue with the element of Water. A shamanic workshop invites you to explore your inner landscape: What dreams are asking to bloom? How can I embody my feminine power with grace and authenticity? The afternoon is a silent Vision Walk in the wild nature, a quest for messages whispered by the mountains. In the evening, a dinner featuring the flavours of the earth fosters soul-to-soul sharing.

Practices — Breathwork by the lake in dialogue with the element of Water, shamanic workshop on the inner landscape, silent Vision Walk in the wild nature.

Theme — Listening to intuition and clarifying deep desires.

DAY 03 · FULL MOON

The Night of the Rose and the Star

Celebration of Beauty & Radiance

This day is an ode to creation. We visit a historic villa and its hanging gardens, places where art and nature unite to nourish the imagination. We explore Beauty as a healing force.

The Climax: The Night of Vision — The Bella Luna Ceremony

Under the starlit dome of Italy, we gather for the pinnacle of the journey:

- Drum journey to meet your inner guide.
- Offering ritual to the Moon (lunar water and white flowers).
- Intuitive dance under the silver rays to embody your new vision.

In the sacred silence, each woman casts a sovereign gaze upon her path and opens a cycle of radiance.

Practices — Visit to a historic villa and its hanging gardens, the Bella Luna Ceremony, circle of sacred silence.

Theme — Splendour, Rebirth, and Lunar Connection.

DAY 04

Sisterhood & Creative Power

Collective Energy

Following a somatic movement practice, we share a council on the place of the creative woman in today's world. The circle becomes a benevolent mirror where each woman shares her challenges and receives the strength of the collective. The afternoon is free to integrate the previous night's energies by the lake. In the evening, a Feast of the Goddesses celebrates joy, sensuality, and the power of carrying one's own light.

Practices — Somatic movement practice, Sisterhood council, free integration time by the lake, Feast of the Goddesses.

Theme — Shared inspiration and the strength of Sisterhood.

DAY 05

Integration & Flight

Embodying Your New Light

The morning is dedicated to grounding the visions received. In the closing circle, we define how to bring this magic back into our daily lives. Each participant departs with a personal ritual to nourish her sovereignty upon her return. Departure in the late morning, with a vibrant heart.

Practices — Grounding of the visions received, closing circle, transmission of a personal ritual to carry home.

Theme — Radiating and infusing magic into the world.

What is included

- Local driver with a 7-seater vehicle.
- Accommodation in Ledro for 4 nights.
- Shamanic guidance by a certified instructor from the School of Ancestral Wisdom.
- All meals, except for those in Milan.

What is not included

- Optional visits, excursions and performances (such as Isola Bella, Villa Carlotta, the Verona Arena), giving you the freedom to choose your own activities.
- Drinks, gratuities and personal expenses, allowing for independent management of your budget on site.
- Travel insurance (cancellation, repatriation, luggage), which we recommend you arrange separately for your peace of mind.

Upcoming retreat dates 2027

- **June** — Thursday 17 to Monday 21 June (*Full Moon: Saturday 19 June*)
- **July** — Friday 16 to Tuesday 20 July (*Full Moon: Sunday 18 July*)
- **August** — Sunday 15 to Thursday 19 August (*Full Moon: Tuesday 17 August*)
- **September** — Tuesday 14 to Saturday 18 September (*Full Moon: Thursday 16 September*)
- **October** — Wednesday 13 to Sunday 17 October (*Full Moon: Friday 15 October*)
- **November** — Friday 12 to Tuesday 16 November (*Full Moon: Sunday 14 November*)
- **December** — Saturday 11 to Wednesday 15 December (*Full Moon: Monday 13 December — The Last Full Moon of the Year*)

Good to know

Please note that the itinerary is provided as a guide and may be adjusted based on the final number of participants and accommodation availability. As this journey takes place during a particularly popular season, we have chosen to offer an accessible rate. With this in mind, certain stages may be adapted; however, we take great care to select high-quality, pleasant accommodations that remain consistent with the spirit of the retreat. Our priority remains providing you with a harmonious, comfortable experience that stays true to the essence of the journey.