

SACRED ORIGINS TRAVEL

General trip notes for Sweden · updated 15 September 2026

Swedish Lapland

A shamanic journey in the land of the Sámi

A week in the heart of Lapland, with a Sámi shaman

LOCATION	Swedish Lapland
GUIDED BY	A Sámi shaman, heir to the Sámi tradition
DURATION	7 days / 6 nights
GROUP	12 people maximum
MEETING POINT	Kiruna Airport, 2 pm

Flights to Kiruna are not included. ORSO VOYAGE meets you at Kiruna Airport at 2 pm on the first day; services end at Kiruna Airport on the last day. The dates, price and programme of each departure are given on the journey page.

Introduction to the journey in Lapland

We invite you on a unique journey into the mythical forest of northern Sweden, to meet Sámi shamans and one of the greatest reindeer-herding traditions. This encounter has been close to our hearts for many years. Far more than a simple stay, this adventure is an invitation to deep reconnection, guided by the ancestral wisdom of the Sámi people.

At the heart of the great Arctic silence, you will live a week of transformation, connection and introspection.

You will be welcomed north of the Arctic Circle, in a small village of the Far North, to share a magical week of discovery, exploration and sharing. A week to be initiated and to practise with a Sámi shaman, heir to her tradition, who will pass on the foundations of her culture and spirituality and accompany you through the ceremonies.

It is a journey to discover the spiritual and intellectual tradition of this ancient people — in winter under the Northern Lights, or in spring and summer in the light of the Far North. This experience at the heart of the rituals and wisdom of nomadic peoples will stay with you for a long time.

We share our knowledge with you

We pass on our knowledge through theoretical introductions, but above all through practice and long moments of connection in the Arctic wilderness: rituals, meditations, energy practices, offerings, shamanic journeying and celebrations. We invite you to experiment, to feel, to live the magic.

Enriched by these experiences, you will be able to build a practice that is meaningful to you, with keys to understanding, methods and lived experience.

This stay is designed as a time of complete disconnection, to shed light on your soul's purpose. Each day alternates inner practices by the fire with rituals in the heart of the mythical forest.

The adventure is lived in a warm community spirit: everyone contributes to the harmony of the place.

This journey is open to all — to initiates as well as curious beginners who wish to deepen their knowledge of energy.

Flying to Kiruna

Flights are at your own expense: arrange them as suits you best.

To discover Stockholm

Before or after the stay, you can buy your ticket in two parts — for example Paris → Stockholm, then Stockholm → Kiruna on a domestic flight.

To fly straight to Kiruna

Buy your flight as a single ticket. It is usually cheaper, your luggage is checked through to Kiruna without having to collect it in Stockholm, and your connection is protected in case of delay.

Available flights

There are few flights to Kiruna: only a handful each day, operated by Scandinavian Airlines (SAS) and Norwegian. Book directly on the airlines' websites rather than through intermediary platforms.

Pick-up is at 2 pm at Kiruna Airport on the first day

Choose a flight landing no later than 1 pm, to allow time to collect your luggage. Depending on schedules, you may need to leave very early in the morning or spend the night before in Stockholm.

Flying from Paris

On the way back, check that your flight arrives at the same Paris airport you left from (Charles-de-Gaulle or Orly), so you do not have to cross Paris. Allow plenty of time for check-in and security.

Buy a cancellable, refundable ticket

In case of the unexpected.

If your flight is delayed

If your flight is delayed and you miss the 2 pm shuttle, call +33 6 62 41 08 75 immediately. An individual transfer can be arranged, at your own expense.

Meeting you on arrival

ORSO VOYAGE's services begin at Kiruna Airport on the first day of the journey. As you leave the airport, look for the ORSO VOYAGE sign: the Sámi shaman will be there to welcome you. Kiruna Airport is small, so you will find each other easily.

The price includes

- Nights in traditional wooden cabins for 4 people, with shared shower room and kitchenette
- Transfers between Kiruna Airport and the venue on arrival and departure, as well as the return trip to Kiruna on day 6
- Workshops, teachings and ceremonies led by the Sámi shaman
- Materials for making a ceremonial rattle and a runic talisman
- Offerings and firewood on site
- Meals during the stay, except on the day of the Jokkmokk market (1–7 February departure), when only breakfast is included

The price does not include

- The flight to Kiruna
- Extra night(s) in Kiruna for those arriving earlier or leaving later
- Optional activities (can be booked in advance)
- Insurance
- Expenses not provided for in the programme

To pay on site

- Services not provided for or mentioned in the programme
- Entry to the Icehotel and transport to get there
- Individual transfer costs

Budget and currency

Sweden has not adopted the euro: the currency is the Swedish krona (SEK). €1 ≈ 11 SEK (September 2026). Bank cards are accepted almost everywhere in Sweden, and many shops no longer accept cash.

Insurance

Assistance and repatriation insurance is compulsory. You may already have it through your bank card or home insurance: check that it covers Sweden and the planned activities, then send the certificate to the agency before departure.

If you might have to cancel because of an elderly relative, a health problem or any other reason, take out comprehensive (multi-risk) insurance, through us or with the insurer of your choice. With our partner Chapka, you must subscribe within 48 hours of registering:

TYPE OF INSURANCE	RATE
Assistance and repatriation insurance	2.5 % of the price of the journey per person
Comprehensive (multi-risk) insurance	4.1 % of the price of the journey per person

Equipment

You need to be very warmly dressed so as not to get cold during outdoor ceremonies. In midwinter, temperatures in Lapland can drop to -35 °C.

Shoes and socks

- A pair of snow trekking boots, one size above your usual size. They should combine four qualities: sturdiness, good support for the foot and ankle (high uppers), waterproofing and warmth. Choose non-slip, deeply treaded and fairly rigid soles that grip the ground well.
- At least three pairs of wool socks

Base layers and trousers

- Warm thermal underwear, top and bottom: this is your first layer of insulation, so choose it carefully. Thin technical fibres (Carline, Polartec) are warm, supple, comfortable and light; wool is the most widely used material in the North. All of them dry very quickly.
- Warm ski trousers

Jackets and jumpers

- A ski jacket or a very warm down jacket for midwinter, an anorak for the in-between seasons. The most effective jackets against wind and damp are made of Gore-Tex or Micropore, breathable materials that quickly wick away perspiration.
- Warm jumpers or fleeces (Polartec, Carline, Ulfrotté): hard-wearing, warm and light, they dry quickly and are soft to the touch
- A warm wool or Carline shirt

Accessories and miscellaneous

- Two pairs of ski gloves and glove liners
- A wool hat and a winter neck warmer
- Ski sunglasses
- A swimsuit and a head torch
- A notebook and a pen
- Your drum, if you have one
- Your personal first-aid kit
- A yoga mat if it fits in your luggage (otherwise don't bother: it takes up a lot of space)
- An offering to Nature from your home, brought with sincerity

Spring and summer departures

In April and May, snow may still be present: keep waterproof shoes and warm clothes. In July, bring light hiking clothes and a windproof jacket, a strong repellent and a head mosquito net (mosquitoes are very numerous), as well as a sleep mask, since it is light all night.

Good to know

Entry requirements

For European Union citizens, a valid identity card or passport is sufficient. Travellers of other nationalities should check the entry requirements for Sweden.

Travel registration

French nationals can register on the Ariane portal of the French Ministry of Foreign Affairs to receive security alerts during the journey. Other travellers can use their own government's equivalent service.

Contacts

ORSO VOYAGE, +33 1 30 45 20 60 • contact@sacred-origins-travel.com

Emergency during the journey: +33 6 62 41 08 75

Health

Drum trance practices are not recommended for people with psychiatric disorders or epilepsy: please talk to us before registering. Outdoor ceremonies in extreme cold require good physical condition.

Standard information form for package travel contracts

Drawn up in accordance with Annex 1, Part B, of the French Order of 1 March 2018 setting out the model information form for the sale of travel and holiday packages (Articles L.211-8 and R.211-3-1 of the French Tourism Code). To be given to the traveller before the contract is signed.

The combination of travel services offered to you is a package within the meaning of Directive (EU) 2015/2302 and Article L.211-2 II of the French Tourism Code.

You will therefore benefit from all EU rights applying to packages, as transposed into the French Tourism Code. ORSO VOYAGE will be fully responsible for the proper performance of the package as a whole.

In addition, as required by law, ORSO VOYAGE has protection in place to refund your payments and, where transport is included in the package, to ensure your repatriation in the event that it becomes insolvent.

Key rights under Directive (EU) 2015/2302, as transposed into the French Tourism Code

- Travellers will receive all essential information about the package before concluding the package travel contract.
- There is always at least one trader who is liable for the proper performance of all the travel services included in the contract.
- Travellers are given an emergency telephone number or details of a contact point where they can get in touch with the organiser or the travel agent.
- Travellers may transfer the package to another person, on reasonable notice and possibly subject to additional costs.
- The price of the package may only be increased if specific costs rise (for instance fuel prices) and if this is expressly provided for in the contract, and in any case not later than 20 days before the start of the package. If the price increase exceeds 8 % of the price of the package, the traveller may terminate the contract. If the organiser reserves the right to a price increase, the traveller has a right to a price reduction if the relevant costs decrease.
- Travellers may terminate the contract without paying any termination fee and get a full refund of any payments if any essential element of the package, other than the price, is significantly changed. If, before the start of the package, the trader responsible for the package cancels it, travellers are entitled to a refund and compensation where appropriate.
- Travellers may terminate the contract without paying any termination fee before the start of the package in the event of exceptional circumstances, for instance serious security problems at the destination which are likely to affect the package.
- Additionally, travellers may at any time before the start of the package terminate the contract in return for an appropriate and justifiable termination fee.
- If, after the start of the package, significant elements of it cannot be provided as agreed, suitable alternative arrangements will have to be offered to the traveller at no extra cost. Travellers may terminate the contract without paying any termination fee where services are not performed in accordance with the contract, this substantially affects the performance of the package and the organiser fails to remedy the problem.
- Travellers are also entitled to a price reduction and/or compensation for damages where the travel services are not performed or are improperly performed.
- The organiser or travel agent has to provide assistance if the traveller is in difficulty.
- If the organiser or travel agent becomes insolvent, payments will be refunded. If the organiser or travel agent becomes insolvent after the start of the package and if transport is included in the package, repatriation of the travellers is secured.

Insolvency protection

ORSO VOYAGE has taken out insolvency protection with APST – Association Professionnelle de Solidarité du Tourisme, 15 avenue Carnot, 75017 Paris, France – Tel. +33 (0)1 44 09 25 35 – info@apst.travel. Travellers may contact this body if services are refused because of ORSO VOYAGE's insolvency.

Organiser details

Organiser	ORSO VOYAGE (brand: Sacred Origins Travel)
Address	43, avenue des Molières, 78470 Saint-Rémy-lès-Chevreuse, France
Registration	Atout France IM078160003
Financial guarantee	APST, 15 avenue Carnot, 75017 Paris, France
Professional liability insurance	HISCOX, policy No. HA PRC0136470
Contact	+33 1 30 45 20 60 · contact@sacred-origins-travel.com
Emergency number during the journey	+33 6 62 41 08 75

I acknowledge that I received this information form before concluding my travel contract.

Surname and first name

Journey / Date

Signature

Registration form — Journey to Lapland

To be returned completed, dated and signed to ORSO VOYAGE, together with the 30 % deposit.

Surname and first name	
Date of birth	
Nationality	
Postal address	
Postcode / Town	
Phone	
Email	
Chosen dates	
Date and time of arrival in Kiruna	
Date and time of departure from Kiruna	
Extra night in Kiruna? (yes / no)	
Food allergy or intolerance	
Repatriation insurance — insurer and policy No.	
Registered for travel alerts? (yes / no)	
Emergency contact (name + phone)	
Remarks	

☐ I have received the standard information form for package travel contracts.

I declare that I have read and accept the general and specific terms and conditions of sale of ORSO VOYAGE.

Place		Signature (preceded by "Read and approved")
Date		

General terms and conditions of sale

ORSO VOYAGE — 43, avenue des Molières, 78470 Saint-Rémy-lès-Chevreuse, France — Tel. +33 1 30 45 20 60

These terms are drawn up in accordance with Articles L.211-1 et seq. and R.211-3 et seq. of the French Tourism Code.

ORSO VOYAGE, SIRET 818 121 436 00013, registered by Atout France in the register of travel and holiday operators under number IM078160003, benefits from a financial guarantee from APST and is insured for €1,000,000 in professional liability with HISCOX, No. HA PRC0136470, IMS, 66 rue de Sotteville, 76030 Rouen Cedex 1, France.

Specific conditions of sale and cancellation

Travelling with ORSO VOYAGE implies automatic acceptance of our conditions.

Prior information

When the flight is not sold by ORSO, its cancellation or modification depends solely on the airline's conditions. Please note: if your flight arrives late and you miss the first days of the stay, ORSO is not responsible for the airline's delay and cannot be held liable for any resulting costs. To avoid cancellation charges on both the flight and the price of the land arrangements, we recommend taking out comprehensive insurance no later than 48 hours after registering (check whether such costs are covered by your insurer).

In accordance with Article L.211-16 of the French Tourism Code, ORSO is responsible for the proper performance of the services included in the journey. When the flight is not sold by ORSO, it is not part of the service and is the sole responsibility of the airline.

No refund will be made for services included in ORSO's arrangements and not used by the participant.

Booking procedure

Anyone purchasing a service must be at least 18 years old and legally able to enter into a contract.

The booking is definitively confirmed in writing upon receipt of the deposit and the registration form. ORSO VOYAGE requires a deposit of 30 % of the total amount of the land arrangements booked, on registration. The 70 % balance must be paid no later than one month before the departure date.

Payment

Payment can be made by bank transfer or by cheque.

BANK DETAILS	DETAILS
National bank details (RIB)	available from the agency on request
International bank account number (IBAN)	available from the agency on request
Account holder	ORSO VOYAGE, 43 avenue des Molières, 78470 Saint-Rémy-lès-Chevreuse, France

ORSO VOYAGE never changes its bank details by email. If in doubt, call us on +33 1 30 45 20 60 before making any transfer.

Cancellation or modification of the contract by the traveller

The traveller does not benefit from the right of withdrawal provided for in Article L.221-28 of the French Consumer Code.

Cancellation fees:

- More than 46 days before departure: 30 % of the price (amount of the deposit)
- From 46 to 30 days before departure: 50 % of the price
- Less than 30 days before departure: 100 % of the price

Why these charges? Costs have already been incurred, the team has already been mobilised and the food for the stay has already been bought. To avoid cancellation fees for reasons beyond your control, take out comprehensive insurance with your own insurer or with the insurer we recommend: www.chapkadirect.fr/index.php?action=produit&id=839&app=cd_orsos

Transferring your travel contract

Articles R.211-7 and R.211-9 of the French Tourism Code set out the conditions for a transfer: the contract must be transferred before it begins, and the transferee must meet the same conditions as the original purchaser to take part in the journey.

If not protected by comprehensive insurance, and in order to avoid possible cancellation penalties, the client has every interest in transferring their travel contract to a third party who meets the same conditions. The transferee must in particular hold the required documents and have the physical fitness needed for our services.

The client who transfers the contract and the transferee are jointly and severally liable to the agency for payment of the price of the journey and any costs arising from the transfer. ORSO may therefore claim any outstanding balance from either of them.

The purchaser transferring the contract must inform ORSO by any means providing proof of receipt (email, registered letter with acknowledgement of receipt) at least 7 days before the departure date.

Cancellation of the journey by the agency

In the event of exceptional and unavoidable circumstances (volcanic eruption, storm, armed conflict, epidemic, etc.) preventing the journey from taking place, ORSO refunds all sums paid in full, without paying any additional compensation.

ORSO will do its utmost to find an alternative solution, but cannot be held responsible for any additional costs.

In accordance with Article L.211-14 of the French Tourism Code, ORSO immediately refunds the sums paid if the contract is terminated by ORSO.

Changes to the journey by the traveller; itinerary

All our itineraries are given as a guide and may be changed because of the weather, closed roads or unforeseen events. No traveller may take decisions in place of the guide and the local team.

Unless agreed by the agency and with all resulting costs borne by the traveller, the traveller may not change the organisation of their stay, whether the activities, accommodation or length of stay.

Changes to the journey by the agency

Before departure: a change to essential elements of the contract (dates, itinerary, destination) or a price increase of more than 8 % allows you to terminate your contract and obtain an immediate refund, free of charge.

If you accept one or more changes, you must sign an amendment to the contract. The same applies if you are offered and accept a substitute journey.

Each departure requires a minimum of 2 participants. If this number is not reached, ORSO will inform you no later than 20 days before departure. You may then choose another date or a similar journey, or obtain a full refund of the sums paid, free of charge.

After departure: in the event of a change of programme on our part, without external constraint, resulting in changes to services, ORSO will provide compensatory services or refund participants for services not provided or provided at a lower level than originally planned.

If you bought your flight yourself and the programme has to be revised (flight cancellation, for example), ORSO will do its utmost to help you find a replacement flight or another means of transport, but cannot be held responsible for additional costs.

Both parties acknowledge that any action by the participant outside the scope of the programme or the validated contract cannot under any circumstances engage ORSO's liability.

Flight delays and luggage (flight not included)

Flight delays and late delivery of luggage are frequent. Allow enough connection time, especially in Stockholm: this reduces the risk of your luggage being delayed. If the airline delays your flight, it should normally offer you assistance (meals, accommodation if necessary): check with the airline. ORSO is not responsible for costs relating to the flight, delays, damage to or forwarding of luggage, which are the airline's responsibility when the flight is not included. Please let us know by phone.

Price supplements

No price increase is possible in the 20 days before departure. Outside this period, prices may be revised, upwards or downwards, only to take account of changes in transport costs, fuel, fees and taxes or exchange rates.

Travel insurance

Assistance and repatriation insurance is compulsory. ORSO VOYAGE also recommends comprehensive insurance, with your usual insurer or with the insurer suggested by the agency, Chapka Assurances. There are two types of cover: medical assistance and repatriation abroad, which you may already have with your bank card — make sure your policy covers Sweden, remote areas and the planned activities — and comprehensive insurance, which covers you if you have to cancel. Compare offers: insurance refunds you when the cancellation comes from you (illness, family emergency), not from the agency.

Identity documents and formalities

An identity card or passport valid for the entire stay is compulsory. Nationals of countries outside the European Union must check the entry requirements for Sweden. ORSO cannot be held responsible for problems relating to your administrative formalities.

Participants' responsibility

Participants in an ORSO journey choose the journey best suited to their interests and physical abilities. They are responsible for their state of health and undertake their journey in full knowledge of their physical capacities. They are required to read all the information provided before departure, to respect basic rules of hygiene, to act so as not to harm other members of the group, and to respect the customs of the country visited.

ORSO reserves the right to exclude from activities any person whose behaviour or physical condition appears dangerous or harmful to the safety, enjoyment and interests of the other members of the group. A person asked to leave the stay for these reasons will bear the costs of their departure and return home.

In the event of a dispute

Please first seek an amicable solution with ORSO, which is ready to listen and committed to handling your complaints. Send them by email (contact@sacred-origins-travel.com) or by post, in clear terms.

If no amicable settlement can be reached, you may refer the matter to the Tourism and Travel Ombudsman (Médiateur Tourisme et Voyage), online or by post: MTV Médiation Tourisme Voyage, BP 80 303, 75823 Paris Cedex 17, France. The referral procedure is described on its website.

Copyright

All services offered by ORSO VOYAGE are, in every detail, creations of ORSO VOYAGE, which holds the copyright to them. It is therefore strictly forbidden to copy them or use them to compete with ORSO VOYAGE in any way whatsoever.

Participant's acknowledgement of risks

I acknowledge that I have been informed of the risks associated with travel to a remote region with an Arctic climate, where damage, delays or unforeseen events may occur. I know that in these regions infrastructure, telecommunications, access to healthcare and medical evacuation may be limited, and that the presence of a doctor or the availability of certain medicines cannot be guaranteed.

By signing this document, I accept responsibility for my own well-being and waive any unjustified claim against ORSO. I acknowledge that ORSO cannot be held responsible for any accident or illness resulting from my own behaviour, my state of health or failure to follow the safety instructions given on site. I acknowledge that ORSO is not responsible for my personal health and has strongly recommended that I take out comprehensive insurance.

ORSO strives to make its programmes as accurate as possible. However, if circumstances change or in the event of events beyond its control, it may be necessary to modify them. ORSO undertakes to keep such changes to a minimum and, where applicable, to maintain services of a similar category and quality. Any change must be explained and justified to the participants.

The price given by ORSO is a group price. The group is limited to 12 participants. Travelling as a group involves compromises to accommodate the wishes, goals, personalities and physical abilities of each person. ORSO's tour leaders and local guides may have to take decisions based on group consensus, and their good faith will not be called into question. These decisions will not always satisfy everyone individually, but aim at the interest of the greatest number. I am aware of these aspects of group travel, I accept them and I release ORSO from any liability relating to such decisions.

I confirm that I have read and fully understood all the terms and conditions above, in particular the cancellation and refund policy, the limitation of liability and the participants' responsibility, and I accept them. If all or part of this contract between ORSO and the participant proves unfounded or unenforceable, that part will be disregarded, but the rest of the contract will remain in force.

Name

Date

Signature

(Signature of a parent or legal guardian for persons under 18)